

**List of NIH Grants for Qigong and Energy Healing Research**  
**Narrow Qigong refers to Qigong, Zen, Taiji and Reiki only**

Grant ID	Title	P.I.	Institution	Year	Note
<b>Qi Gong</b>					
R21RR09544	Qi Gong and Late-Stage Reflex Sympathetic Dystrophy	Wu, WS	University of Medicine & Dentistry of NJ	1993	
P50HL061202-010003	Complementary Approach to Rehabilitation Following Cardiac Surgery (Qigong)	Ai, Amy	University of Michigan At Ann Arbor	1998	
P50HL061202-01	CAM Research Center for Cardiovascular Diseases	Bolling, Steven F.	University of Michigan at Ann Arbor	1998	
R21 AT00291-01	Qigong Therapy For Heart Device Patients		University of Arizona Health Sciences Center, Tucson, Arizona	2000	
R01-AT001516	In Vitro Investigation of Distant Qi Gong	Yount, Garret	California Pacific Med Ctr-Pacific Campus, San Fransico, CA	2002	
R21AT001190-02	Pilot of Two CAM Treatments for Maintenance Wt Loss (qigong, and acupressure-TAT	Elder, Charles R.	Kaiser Foundation Research Institute	2003	
R21 AT001190-01A1	Study of Two Complementary and Alternative Medical Treatments for Maintenance of Weight Loss (Qigong and acupressure-TAT)	Elmer, Patricia J	Center for Health Research, Northwest	2003	
P20AT000774-03	Center for Frontier Medicine in Biofield Science (Qigong)	Schwartz, Gary E.	University of Arizona, Tucson, AZ	2004	
R21CA108084-02	International Center of TCM for Cancer (Qigong)	Cohen, Lorenzo	University of Texas MD Anderson Cancer Center, Houston, TX	2004	
R01AT002478-03	Analysis of Nitric Oxide During Meridian Practices	Ma, Sheng-Xing	LA BIOMED RES INST/ HARBOR UCLA MED CTR	Sept. 2004-June 2008	
R21-AT001352-01A2	Qigong Therapy for Individuals With Knee Osteoarthritis	Kevin W. Chen	University of Medicine and Dentistry, New Jersey-Robert Wood Johnson Medical School	2005	
R21	Qigong Therapy for Treating	Smelson,	University of Medicine and	2005	

AT001350-01A2	Cocaine Addiction	David	Dentistry of New Jersey – RWJ Medical School		
T32AT001161-02	Complementary and Integrative Medicine Training Program (Qigong, Tai Chi, Yoga)	Charlson, Mary E.	Weill Medical College of Cornell Univ, New York, NY	2005	
R21AT003312-02	CHEMOSENSITIZATION OF MALIGNANT GLIOMA CELLS BY INFRASOUND	Yount, Garret L.	CALIFORNIA PACIFIC MED CTR RES INSTITUTE	Sept. 2006-Jun 2009	
U01AT002706-01A2	Qigong Effects on Fatigue & Cognitive Function after Treatment for Breast Cancer	Larkey, Linda K	UNIVERSITY OF ARIZONA	Sept. 2006-Aug. 2009	
R03CA126407-01	Guo Lin Qi-gong Exercise for Long-term Cancer Survival	Zhu, Weimo	UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN	May 2007-April 2009	
R21CA129201-01A1	Biobehavioral Effects of Qigong During Treatment for Rectal Cancer	Cohen, Lorenzo	UNIVERSITY OF TEXAS MD ANDERSON CAN CTR	April 2008-May 2011	
<b>Tai Chi</b>					
R21RR09535	T'ai Chi for Balance Disorders	Hain	Northwestern University	1993	
R01 AT00331	Alternative Stress Management Approaches in HIV Disease (Tai Chi)	Mccain, Nancy L.	Virginia Commonwealth University, Richmond, Virginia	2000	
R01-AT-612-1	Chinese Exercise Modalities in Parkinson's Disease (Tai Chi Chuan)	Juncos, Jorge L.	Emory University, Atlanta, GA	2000	
R01 AT00606-01	Massage, Meditation, and Tai Chi for Chronic Lower Back Pain	Daniel C. Cherkin	Center for Health Studies	2000	
AG0029; R01AG18367	Shingles: Immune Effects of Tai Chi	Michael R. Irwin, MD	Cousins Center for Psychoneuroimmunology, UCLA Neuropsychiatric Institute, Los Angeles, California	2001	Publications available

R21 AT00553-01	Complementary/Alternative Medicine for Abnormality in the Vestibular (Balance) System (Tai Chi)		Massachusetts General Hospital Biomotion Laboratory, Boston, Massachusetts	2001	
R21 AT00255-01	Tai Chi Chih and Varicella Zoster Immunity	Michael R. Irwin	University of California, San Diego, San Diego, California,	2002	Publications available
R01AR049840-04	Behavioral Treatments for Rheumatoid Arthritis	Nicassio, Perry M.	UNIVERSITY OF CALIFORNIA LOS ANGELES	Aug. 2003-Jul 2008	
R44AG022795-03	Integrated Teleconferencing Unit For Home-Based Interactive Exercise For Elders	Keyes, Lawrence M.	MICRODESIGN CONSULTING, INC	Sept. 2003-April 2009	
R43AG023962-01	A Tai Chi video program for older adults	Fisher, K John	Exercise Alternatives, Eugene, OR	2004	
R21AT002307-02	Efficacy of CAM Interventions in Rheumatoid Arthritis (Tai Chi Chuan)	Pike, Jennifer L.	University of California Los Angeles	2004	
AT002307-01	Comparing Tai Chi Chih and Relaxation Therapy in the Treatment of Rheumatoid Arthritis	Jennifer Pike, Phd	University of California, Los Angeles Medical Center	2004	
R01AT002454-03	Tai Chi Mind-Body Therapy for Chronic Heart Failure	Phillips, Russell S.	BETH ISRAEL DEACONESS MEDICAL CENTER	Sept. 2004-June 2008	
F31AT003044-01	Psychosocial Mechanisms of CAM Interventions in Breast Cancer (Tai Chi and spiritual growth groups)	Rausch, Sarah M.	Virginia Commonwealth University, Richmond, VA	2005	
R01CA114718-02	PNI-Based Stress Management in Early Breast Cancer(Tai Chi)	Mccain, Nancy L.	Virginia Commonwealth University, Richmond, VA	2005	
K24AT000589-05	Research and Mentorship in Alternative Medicine (Tai Chi)	Phillips, Russell S.	Beth Israel Deaconess Medical Center, Boston, MA	2005	

060016; 06-AT-0016	Effect of Tai Chi Vs. Structured Exercise on Physical Fitness and Stress in Cancer Survivors		National Center for Complementary and Alternative Medicine (NCCAM)	2005	Publications available
R21AT001910-02	Tai Chi: Well-Being and Heart Failure	Redwine, Laura S.	VETERANS MEDICAL RESEARCH FDN/SAN DIEGO	Sept. 2005-Aug. 2008	
K23AT002624-02	Mind-Body Exercise in the Management of Cardiac Disease	Yeh, Gloria Y	HARVARD UNIVERSITY (MEDICAL SCHOOL)	Feb 2005-Jan 2010	
R01AG026364-02	Aging: Cytokine Mechanisms and Treatment of Insomnia	Irwin, Michael R	UNIVERSITY OF CALIFORNIA LOS ANGELES	Sept. 2005-Aug. 2010	
U49CE000711-02	Dissemination of a Community Tai Chi Program for Falls	Li, Fuzhong	OREGON RESEARCH INSTITUTE	Sept. 2005-Aug 2008	
R21AT002161-02	Tai Chi for Knee Osteoarthritis	Wang, Chenchen	NEW ENGLAND MEDICAL CENTER HOSPITALS	Aug. 2005-July 2008	
K23AG027860-01A1	Aging: Insomnia Treatment and Energy Balance	Motivala, Sarosh J	UNIVERSITY OF CALIFORNIA LOS ANGELES	Sept. 2006-August 2011	
R01AT003314-01A1	Developing Patient-Centered Measures for Outcomes of CAM Therapies	Ritenbaugh, Cheryl K	UNIVERSITY OF ARIZONA	Sept. 2006-Aug. 2009	
R21AT003503-02	Tai Chi for Osteopenic Women: A Pilot Randomized Controlled Trial	Wayne, Peter	HARVARD UNIVERSITY (MEDICAL SCHOOL)	Sept. 2006-August 31, 2009	

R21AR053506-01A2	Simplified Tai Chi for Reducing Fibromyalgia Pain	Sherman, Christy A	OREGON RESEARCH INSTITUTE	Aug. 2006-July 2008	
R41NS054316-01	Tai Chi Training for People with Parkinson's Disease	Li, Fuzhong	DESCHUTES RESEARCH, INC	April 2006-March 2008	
R43AT004123-01	A Wireless Wearable System to Measure Adherence to Mind-Body Protocols	Gibson, Paul L	ADVANCED MEDICAL ELECTRONICS CORPORATION	Sept. 2006-Sept. 2007	
R01CA119159-01A1	Tai Chi Effects on Chronic Insomnia in Breast Cancer Survivors: Immune Mechanisms	Irwin, Michael R.	UNIVERSITY OF CALIFORNIA LOS ANGELES	Sept. 2006-Jul 2011	
R01NS047130-01A2	Tai Chi and Parkinson's Disease	Li, Fuzhong	OREGON RESEARCH INSTITUTE	Dec. 2007-Nov. 2011	
R21AT003621-01A1	Tai Chi for Fibromyalgia	Wang, Chenchen	NEW ENGLAND MEDICAL CENTER HOSPITALS	June 2007-May 2009	
R03HD054594-01A1	Tai Chi and Dual Task Interference on Postural Control in Parkinson's Disease	Hass, Christopher J	UNIVERSITY OF FLORIDA	Sept. 2007-August 2009	
R21AT003480-01A2	Tai Chi Chih: Complementary Use to Achieve Remission in Geriatric Depression	Lavretsky, Helen	UNIVERSITY OF CALIFORNIA LOS ANGELES	Sept. 2007-April 2010	
R21AT003725-01A1	Tai Chi for Obesity: A Randomized Controlled Pilot Trial	Seto, Todd B.	QUEEN'S MEDICAL CENTER	Sept. 2007-April 2009	

R21AT003735-01A1	GTP and Tai Chi for Bone Health: a Pilot Study	Shen, Chwan-Li L	TEXAS TECH UNIVERSITY HEALTH SCIS CENTER	Sept. 2007-August 2009	
R21NR010003-01A2	Effect of Tai Chi on Osteoarthritic Knee Pain in Elders with Mild Dementia	Tsai, Pao-Feng	UNIVERSITY OF ARKANSAS MED SCIS LTL ROCK	Sept. 2007-May 2009	
Z01AT000012-02	A Randomized Study of the Effect of Tai Chi Chuan Compared to Exercise	Mansky, Patrick J	No institution	FY 2007	
<b>Reiki</b>					
M01RR000042-401301	Chronic diabetic painful neuropathy & cardiovascular risk factors in NIDDM (Reiki)	Stevens, Martin J.	University of Michigan at Ann Arbor	2000	
P50 AT00011-02P1	Effects of Reiki on Painful Neuropathy and Cardiovascular Risk Factors	Martin Stevens, MD	Taubman Center, Ann Arbor, Michigan University of Michigan	2001	
R21 AT01012-01	The Use of Reiki for Patients With Advanced AIDS	Gala True, PhD	Temple University, Philadelphia, Pennsylvania Albert Einstein Medical Center, Philadelphia, Pennsylvania	2002	
R21AT001120-02	Effects of energy healing on prostate cancer (Reiki)	Fox, Joan E.	Cleveland Clinic Lerner Col/Med-CWRU	2003	
R21AT001124-02	Animal Model in Reiki Efficacy on Stress-Induced Damage	Baldwin, Ann L.	University of Arizona, Tucson, AZ	2003	
R21 AT01075-01	The Efficacy of Reiki in the Treatment of Fibromyalgia	Dedra S. Buchwald	Univ of WA - CFS/FM Research Center, Seattle, Washington	2003	
P20AT000756-03	Exploratory Program Grant for Frontier Medicine (Reiki)	Prestwood, Karen M.	University of Connecticut School of Medicine and Dentistry, Farmington, CT	2004	
R21 AT001884-01A2	Reiki and Physiological Consequences of Acute Stress	Fox, Joan E	Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, OH	2005	

R15AT003591-01A2	Use of Energy Biofield Therapy for the Treatment of Cancer and GVHD	Running, Alice Fay, Welniak, Lisbeth A.	UNIVERSITY OF NEVADA RENO	April 2008-Mar. 2011	