Qigong is one of the most important aspects of traditional Chinese culture and medicine. In recent years, Qigong therapy has attracted more and more attention from modern medicine and science, and is now widely applied in clinical settings to treat illness and promote well-being.

*Chinese Medical Qigong* is the first English translation of the only official textbook of medical Qigong, *Qigong Study in Chinese Medicine* in Chinese (中医气功学) now in its third edition, used in colleges and universities of traditional Chinese medicine in China. Combining the traditional therapies of Qigong with the most recent outcomes of modern scientific research, this book provides an authoritative introduction to the knowledge system and contents of Qigong study in Chinese medicine.

This textbook will be a useful tool for medical students and healthcare professionals who are interested in complementary and alternative therapies; it will be especially useful for those who practice mind-body medicine or traditional energy healing, as well as for anyone who would like to learn more about the beneficial medical applications of Qigong.

**About the Editors:**

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