

**List of NIH Grants for Qigong and Energy Healing Research**  
**Narrative Qigong refers to Qigong, Zen, Taiji and Reiki only**

Grant ID	Title	P.I.	Institution	Year	Note
R21RR09544	Qi Gong and Late-Stage Reflex Sympathetic Dystrophy	Wu, WS	University of Medicine & Dentistry of NJ	1993	
R21 AT001190-01A1	Study of Two Complementary and Alternative Medical Treatments for Maintenance of Weight Loss (Qigong and acupuncture-TAT)	Elmer, Patricia J	Center for Health Research, Northwest	2003	
R21 AT00291-01	Qigong Therapy For Heart Device Patients		University of Arizona Health Sciences Center, Tucson, Arizona	2000	
R21-AT001352-01A2	Qigong Therapy for Individuals With Knee Osteoarthritis	Kevin W. Chen	University of Medicine and Dentistry, New Jersey-Robert Wood Johnson Medical School	2005	
R01-AT001516	In Vitro Investigation of Distant Qi Gong	Yount, Garret	California Pacific Med Ctr-Pacific Campus, San Fransico, CA	2002	
R21 AT001350-01A2	Qigong Therapy for Treating Cocaine Addiction	Smelson, David	University of Medicine and Dentistry of New Jersey – RWJ Medical School	2005	
5R21AT001190-02	Pilot of Two CAM Treatments for Maintenance Wt Loss (qigong, and acupuncture-TAT)	Elder, Charles R.	Kaiser Foundation Research Institute	2003	
5P20AT000774-03	Center for Frontier Medicine in Biofield Science (Qigong)	Schwartz, Gary E.	University of Arizona, Tucson, AZ	2004	
5T32AT001161-02	Complementary and Integrative Medicine Training Program (Qigong, Tai Chi, Yoga)	Charlson, Mary E.	Weill Medical College of Cornell Univ, New York, NY	2005	
5R21CA108084-02	International Center of TCM for Cancer (Qigong)	Cohen, Lorenzo	University of Texas MD Anderson Cancer Center, Houston, TX	2004	
1P50HL061202-010003	Complementary Approach to Rehabilitation Following Cardiac Surgery (Qigong)	Ai, Amy	University of Michigan At Ann Arbor	1998	
1P50HL061202-01	CAM Research Center for Cardiovascular Diseases	Bolling, Steven F.	University of Michigan at Ann Arbor	1998	
060016; 06-AT-0016	Effect of Tai Chi Vs. Structured Exercise on Physical Fitness and Stress in Cancer Survivors		National Center for Complementary and Alternative Medicine (NCCAM)	2005	Publications available
AT002307-01	Comparing Tai Chi Chih and	Jennifer Pike,	University of California, Los Angeles	2004	

	Relaxation Therapy in the Treatment of Rheumatoid Arthritis	PhD	Medical Center		
R01 AT002454	Tai Chi Mind-Body Therapy for Chronic Heart Failure	Russell S. Phillips, MD	Beth Israel Deaconess Medical Center, Boston, Massachusetts	2005	Publications available
1 R01 AT00606-01	Massage, Meditation, and Tai Chi for Chronic Lower Back Pain	Daniel C. Cherkin	Center for Health Studies	2000	
1 R21 AT00255-01	Tai Chi Chih and Varicella Zoster Immunity	Michael R. Irwin	University of California, San Diego, San Diego, California,	2002	Publications available
1 R21 AT00553-01	Complementary/Alternative Medicine for Abnormality in the Vestibular (Balance) System (Tai Chi)		Massachusetts General Hospital Biomotion Laboratory, Boston, Massachusetts	2001	
1 R01 AT00331	Alternative Stress Management Approaches in HIV Disease (Tai Chi)	Mccain, Nancy L.	Virginia Commonwealth University, Richmond, Virginia	2000	
AG0029; R01AG18367	Shingles: Immune Effects of Tai Chi	Michael R. Irwin, MD	Cousins Center for Psychoneuroimmunology, UCLA Neuropsychiatric Institute, Los Angeles, California	2001	Publications available
R21RR09535	T'ai Chi for Balance Disorders	Hain	Northwestern University	1993	
R21 AT001910-01A2	Tai Chi: Well-Being and Heart Failure	Redwine, Laura S	Veterans Medical Research Foundation, San Diego, CA	2005	
R21 AT002161-01A2	Tai Chi for Knee Osteoarthritis	Wang, Chenchen	New England Medical Center Hospitals, MA	2005	
1 R01-AT-612-1	Chinese Exercise Modalities in Parkinson's Disease (Tai Chi Chuan)	Juncos, Jorge L.	Emory University, Atlanta, GA	2000	
1U49CE000711-01	Dissemination of a Community Tai Chi Program for Falls	Li, Fuzhong	Oregon Research Institute, Eugene, OR	2005	
1R43AG023962-01	A Tai Chi video program for older adults	Fisher, K John	Exercise Alternatives, Eugene, OR	2004	
5R21AT002307-02	Efficacy of CAM Interventions in Rheumatoid Arthritis (Tai Chi Chuan)	Pike, Jennifer L.	University of California Los Angeles	2004	
1F31AT003044-01	Psychosocial Mechanisms of CAM Interventions in Breast Cancer (Tai Chi and spiritual growth groups)	Rausch, Sarah M.	Virginia Commonwealth University, Richmond, VA	2005	
5R01CA114718-	PNI-Based Stress Management in	Mccain, Nancy	Virginia Commonwealth University,	2005	

02	Early Breast Cancer(Tai Chi)	L.	Richmond, VA		
5R01AR049840-03	Behavioral Treatments for Rheumatoid Arthritis (Tai Chi Chuan)	Nicassio, Perry M.	University of California Los Angeles	2005	
5K24AT000589-05	Research and Mentorship in Alternative Medicine (Tai Chi)	Phillips, Russell S.	Beth Israel Deaconess Medical Center, Boston, MA	2005	
R21AT1120	Reiki/Energy Healing in Prostate Cancer	Eric Klein, MD	Cleveland Clinic Foundation, Cleveland, Ohio	2003	
1 R21 AT01012-01	The Use of Reiki for Patients With Advanced AIDS	Gala True, PhD	Temple University, Philadelphia, Pennsylvania Albert Einstein Medical Center, Philadelphia, Pennsylvania	2002	
1 R21 AT01075-01	The Efficacy of Reiki in the Treatment of Fibromyalgia	Dedra S. Buchwald	Univ of WA - CFS/FM Research Center, Seattle, Washington	2003	
8 P50 AT00011-02P1	Effects of Reiki on Painful Neuropathy and Cardiovascular Risk Factors	Martin Stevens, MD	Taubman Center, Ann Arbor, Michigan University of Michigan	2001	
R21 AT001884-01A2	Reiki and Physiological Consequences of Acute Stress	Fox, Joan E	Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, OH	2005	
5R21AT001124-02	Animal Model in Reiki Efficacy on Stress-Induced Damage	Baldwin, Ann L.	University of Arizona, Tucson, AZ	2003	
7R21AT001120-02	Effects of energy healing on prostate cancer (Reiki)	Fox, Joan E.	Cleveland Clinic Lerner Col/Med-CWRU	2003	
5P20AT000756-03	Exploratory Program Grant for Frontier Medicine (Reiki)	Prestwood, Karen M.	University of Connecticut School of Medicine and Dentistry, Farmington, CT	2004	
5M01RR000042-401301	Chronic diabetic painful neuropathy & cardiovascular risk factors in NIDDM (Reiki)	Stevens, Martin J.	University of Michigan at Ann Arbor	2000	