



Broadwell College of Business and Economics

THE ECONOMICS OF QIGONG SERIES

No. 1

SUGGESTED CITATION: McGee, Robert W. 2020. Qigong: A Bibliography of Books and Other Materials, Fayetteville State University, Broadwell College of Business and Economics, *The Economics of Qigong Series, No. 1*, August 25.

Qigong: A Bibliography of Books and Other Materials

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August 25, 2020

ABSTRACT

Qigong has been around for more than 4,000 years. It contains aspects of martial arts, philosophy, theology, mindfulness, meditation, exercise, and Traditional Chinese Medicine (TCM). It is a subfield of health economics. Practicing qigong exercises on a regular basis can improve health and cause the body to function more efficiently. Thus, it is also a subfield of applied microeconomics in the sense that it increases efficiency. Numerous medical studies have been done on the effect of qigong on various health conditions. This bibliography includes books and some other materials that have been published on qigong. The present bibliography is

part of a series on the economics of qigong. Other studies in this series are listed at the end of this bibliography.

Key Words: qigong, chi gong, chi kung, health qigong, medical qigong, traditional Chinese medicine, TCM, martial arts, tai chi, taiji chuan, 氣功, 氣功, 氣功, 기공

JEL Codes: I00, I10, I12, I19, Y50, Z20, Z21, Z29

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ORGANIZATIONS

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- American Qigong Association. <http://eastwestqi.com/who-we-are/links/aqa/>
- American Tai Chi and Qigong Association. <http://www.americantaichi.org/>
- British Health Qigong Association. www.healthqigong.org.uk
- Center for Taiji & Qigong Studies. <http://centerfortaiji.com/>
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- European Sports Qigong Association. <https://www.qigongdeportivo.es/sportsqigong/>
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<https://instituteforrehabilitativeqigongandtaichi.org/>

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RESEARCH SOURCES

PubMed.gov. National Library of Medicine, National Center for Biotechnology Information, National Institute of Health. <https://pubmed.ncbi.nlm.nih.gov/>

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The Qigong Research Society <https://www.qigongresearchsociety.com/>

OTHER LINKS

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- 2 A Bibliography of Recent Medical Research on Qigong, Fayetteville State University, Broadwell College of Business and Economics, *The Economics of Qigong Series, No. 2*, August 31, 2020. Robert W. McGee
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- 5 The Use of Yi Jin Jing to Treat Illness: A Summary of Three Studies, Fayetteville State University, Broadwell College of Business and Economics, *The Economics of Qigong Series, No. 5*, August 31, 2020. Robert W. McGee

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Robert W. McGee is a professor and best-selling novelist who has published 59 nonfiction books, several novels, and more than 700 scholarly articles. He is an attorney and CPA (retired) who has lectured or worked in more than 30 countries, and has earned 23 academic degrees, including 13 doctorates from universities in the United States and four European countries. The Social Science Research Network has ranked him as high as #2 in the world All-Time among accounting professors and #30 in the world All-Time among all social scientists. Various studies have ranked him #1 in the world for both business ethics and accounting ethics scholarship. He has won more than a dozen world championships in taekwondo, karate, kung fu, and tai chi and has been inducted into the United States Martial Arts Hall of Fame. He spends most of his time in Fayetteville, North Carolina, Southeast Asia and Europe. Information about his novels can be found at <http://robertwmcgee.com>. Some of his scholarly papers may be found at <http://ssrn.com/author=2139>.